

# **BODY TREATMENTS**

All body treatments take place in the SOFT PACK bath Resting inside a high temperature bath enhances maximum relaxation.

### **HAY COMPRESS \***

Hay extracts from the mountains, rich in herbal medicine and lacking in oat make this compress a sweat stimulator and eliminator of toxins.

The compress is used to lift annoying muscle tension like Osteoarthritis and Arthritis
The action of sweating stimulates the metabolism of fat, making this useful in all anti-fat
and cellulite treatments.

*Duration 45'* € 50,00

### **GRAPE JUICE COMPRESS \***

A treatment rich in vitamins and detoxifiers, very efficient against ageing of the skin.

\*Duration 45 mins\* € 50.00\*

# **GOLDEN DELICIOUS APPLE COMPRESS \***

Ideal treatment for very dry skin and skin with little elasticity. This treatment is rich in mineral salts and vitamins and gives freshness and luminosity to all skin types.

Duration 45 mins € 50,00

## DEAD SEA MUD AND WHITE MUD COMPRESS

A balanced mix of minerals and essential oils revive and give energy to the skin bringing back the normal level of elasticity and moisture. The compress encourages the metabolism of fat and is useful for combating against fats and cellulite.

Duration 45 mins € 50,00
Duration 25 mins € 25,00

## WHITE MUSK COMPRESS

Body exfoliation by the use of sensual perfume that gives a sense of audacity and security to the body encouraging the development of mental and spiritual energy. This is a smoothing, softening and elasticity development treatment.

Duration 45 mins € 50.00

**NOTE** \* The complete treatment lasts for 45 mins. This time period includes the body exfoliation, bathing inside the 'soft pack' bath, a shower, massage with specific creams and a period of rest

The short treatment lasts 25 mins and does not include the final massage.